



# Historical Pool Operations

# Historical Keys to Success of Albany Pool

ALBANY POOL  
1311 Portland Ave.  
Albany, CA 94706

LATE FALL 2008  
November 3 - December 20, 2008  
[www.freewebs.com/allaboutalbanypool/](http://www.freewebs.com/allaboutalbanypool/)

(510) 559 - 6640

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Laps + Water Walk/Run 6:00 - 7:55 a.m.	Laps + Water Walk/Run 6:00 - 7:30 a.m.	Laps + Water Walk/Run 6:00 - 7:30 a.m.	Laps + Water Walk/Run 6:00 - 7:55 a.m.	Laps + Water Walk/Run 6:00 - 7:30 a.m.	Laps + Water Walk/Run 7:00 - 7:55 a.m.		
Calisthenics 8:00 - 9:00 a.m.	ALBANY UNIFIED SCHOOL DISTRICT PHYSICAL EDUCATION 7:40 A.M. - 3:10 P.M.	ALBANY UNIFIED SCHOOL DISTRICT PHYSICAL EDUCATION 7:40 A.M. - 2:10 P.M.	Calisthenics 8:00 - 9:00 a.m.	ALBANY UNIFIED SCHOOL DISTRICT PHYSICAL EDUCATION 7:40 A.M. - 9:00 A.M.	Laps - 1/2 pool Adult Intermediate Adult Advanced 8:00 - 9:00 a.m.		
Back Care 9:00 - 10:00 a.m.			Back Care 9:00 - 10:00 a.m.	Parent and Tot 9:30 - 10:00 a.m. Independent Exercise Deep End Only 9:00 - 10:15 a.m.	Adult Beginning 9:00 - 10:00 a.m. Shallow end Independent Exercise 9:00 - 10:00 a.m DEEP ONLY	Parent & Tot Shallow End Only 10:00 - 11:30 a.m. Independent Exercise Deep End Only 10:00 - 11:30 a.m.	
Arthritis Exercise 10:00 - 11:00 a.m.			Arthritis Exercise 10:00 - 11:00 a.m.	Independent Exercise Deep End Only 8:00 - 11:00 a.m.	ALBANY UNIFIED SCHOOL DISTRICT PHYSICAL EDUCATION 10:15 A.M. - 11:40 A.M.	Children's Classes 11:30 a.m. - 1:00 p.m.	Private Rental 11:30 a.m. - 1:00 p.m.
Independent Exercise Deep End Only 8:00 - 11:00 a.m.			Independent Exercise Whole Pool Available 11:00 - 11:55 a.m.	Independent Exercise Whole Pool Available 11:00 - 11:55 a.m.	Laps + Water Walk/Run 12:00 - 12:55 p.m.	Recreational Swim 1:05 - 2:25 p.m.	Recreational Swim 1:05 - 2:25 p.m.
Independent Exercise Whole Pool Available 11:00 - 11:55 a.m.					Laps + Water Walk/Run 12:00 - 3:00 p.m.	Laps 2:30 - 4:00 p.m.	Laps 2:30 - 4:00 p.m.
Laps + Water Walk/Run 12:00 - 1:55 p.m.					Physical Therapy Innovations 2:00 - 3:30 p.m.		
Physical Therapy Innovations 2:00 - 3:30 p.m.			Childrens Lessons 3:30 - 4:25 p.m.	Physical Therapy Innovations 2:30 - 4:00 p.m.	Childrens Lessons 3:30 - 4:25 p.m.	Physical Therapy Innovations 2:00 - 3:30 p.m.	
Lap Swim - Half Pool Family Swim - Half Pool 3:35 - 4:25 p.m.			Albany Blue Dolphins 4:30 - 5:30 p.m.	Albany Blue Dolphins 4:30 - 5:30 p.m.	Albany Blue Dolphins 4:30 - 5:30 p.m.	A.U.S.D. SWIM CLUB 3:30 - 4:25 p.m.	
Albany Blue Dolphins 4:30 - 5:30 p.m.	Laps 5:30 - 6:25 p.m.	Albany Blue Dolphins 4:30 - 5:30 p.m.	Albany Blue Dolphins 4:30 - 5:30 p.m.	Albany Blue Dolphins 4:30 - 5:30 p.m.			
Children's Lessons 5:30 - 6:25 p.m.	Water Aerobics 1/2 + 1/2 6:30 - 7:30 p.m.	Children's Lessons 5:30 - 6:25 p.m.	Laps 5:30 - 6:25 p.m.	Private Rental 5:30 - 6:25 p.m.			
Aqua Aerobics - Shallow End Adult Advanced - Deep End Adult Intermediate - Deep End 6:30 - 7:30 p.m.	Physical Therapy Innovations 7:00 - 8:30 p.m.	Aqua Aerobics - Shallow End Adult Advanced - Deep End Adult Intermediate - Deep End 6:30 - 7:30 p.m.	Water Aerobics 1/2 + 1/2 6:30 - 7:30 p.m.	Laps + Water Walk/Run 6:30 - 7:25 p.m.			
Adult Beginning - Shallow End Independent Exercise - Deep End 7:30 - 8:30 p.m.	Laps + Water Walk/Run 8:35 - 9:25 p.m.	Adult Beginning - Shallow End Independent Exercise - Deep End 7:30 - 8:30 p.m.	Physical Therapy Innovations 7:00 - 8:30 p.m.				
Laps + Water Walk/Run 8:35 - 9:25 p.m.		Laps + Water Walk/Run 8:35 - 9:25 p.m.	Laps + Water Walk/Run 8:35 - 9:25 p.m.				

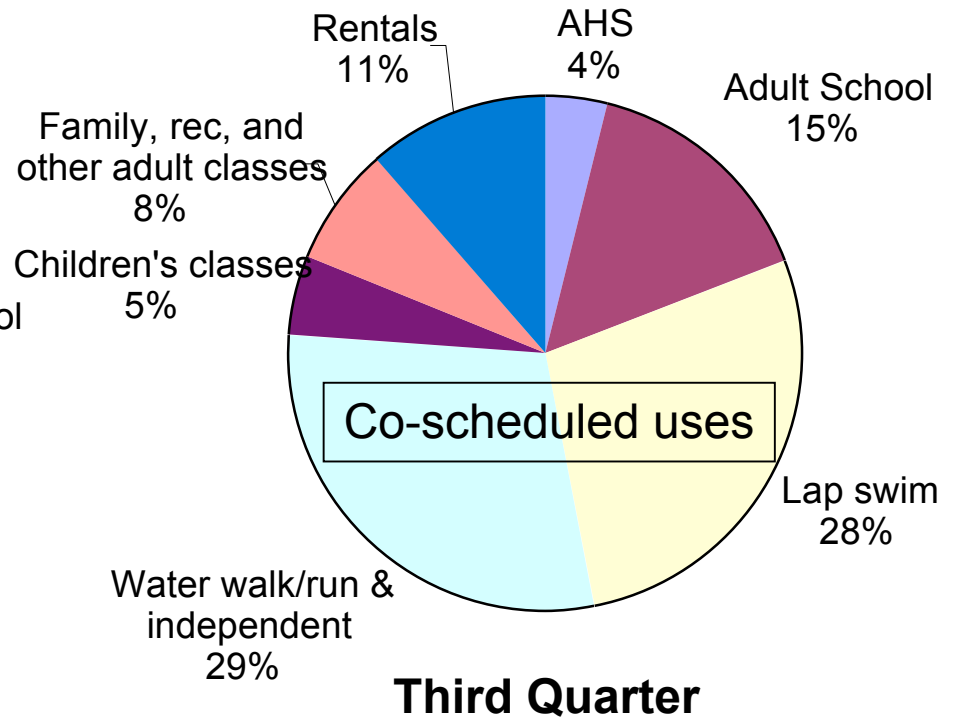
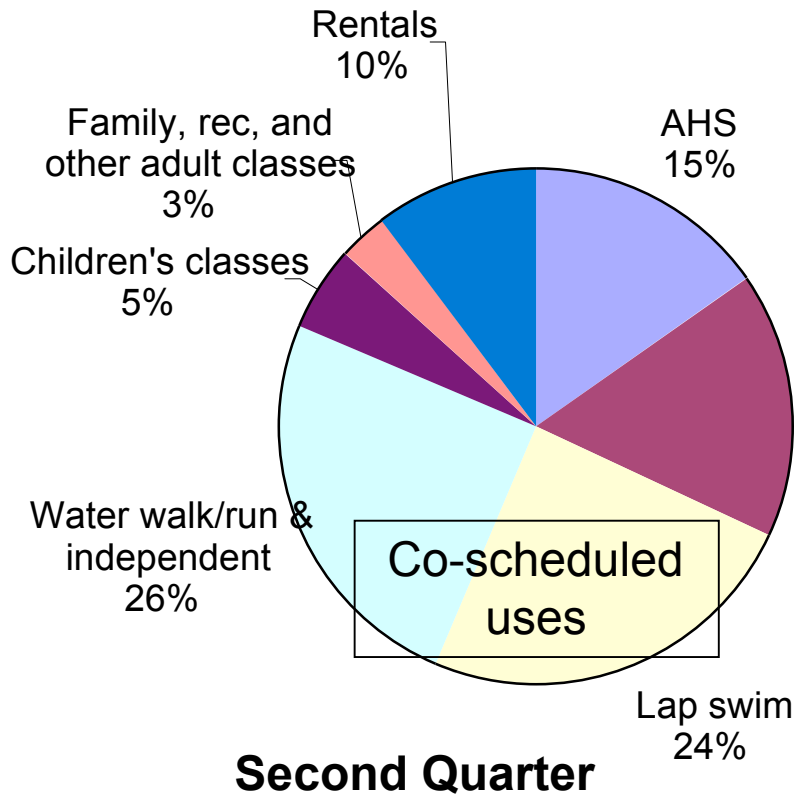
  

FEES	
Lap Swim	\$5.00
10 Swim Ticket	\$45.00
Over 60/Disabled 10 Swim Ticket	\$4.50 \$40.00
Child Recreational Swim 10 Swim Child Ticket	\$3.00 \$25.00
Drop - In (1 - 3 Classes)	\$7.00/class
Adult Classes (4+ Classes)	\$5.00/class
Senior Classes (4+ Classes)	\$4.70/class

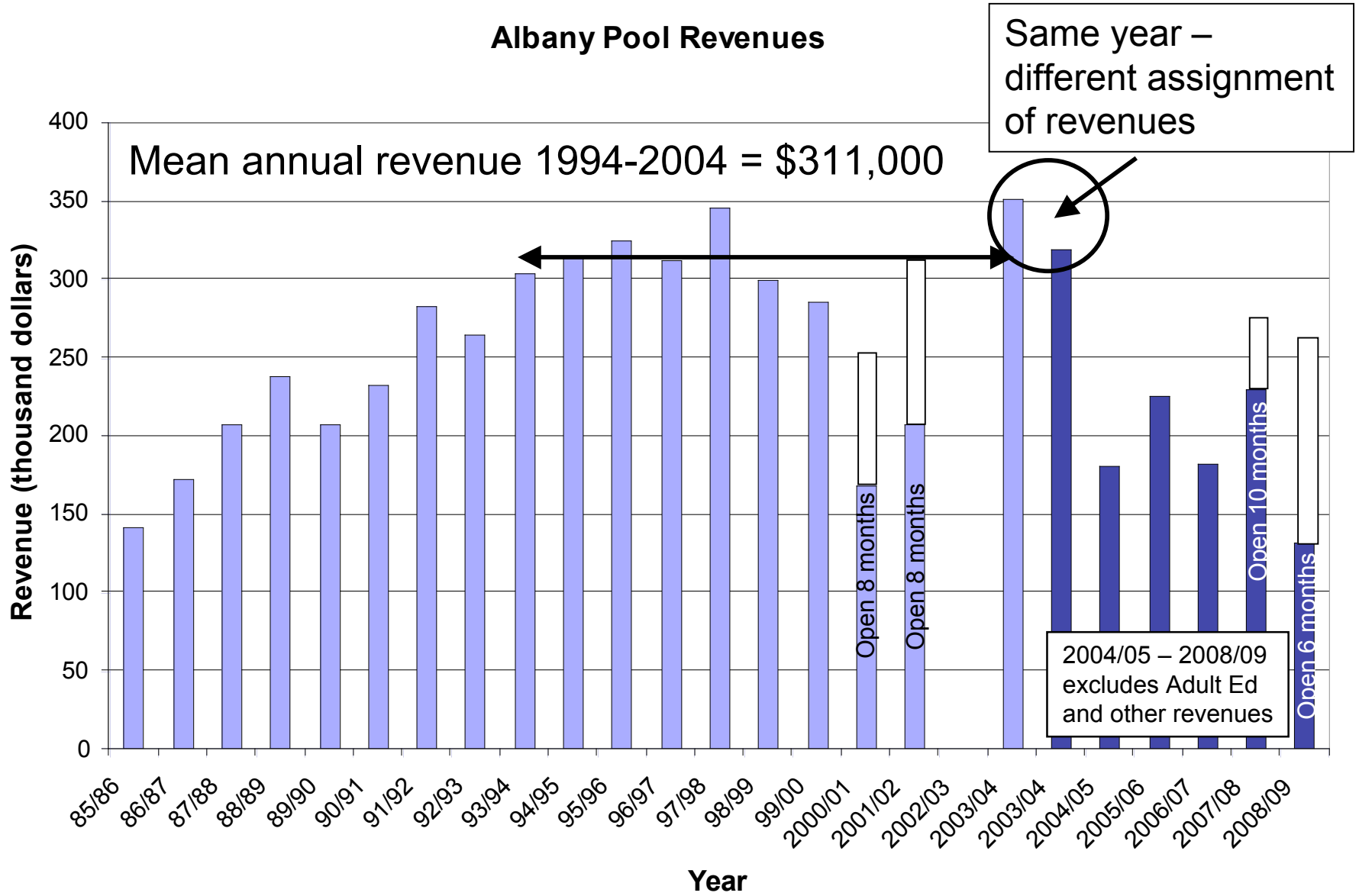
Please see program descriptions for additional information.

90 hours/wk – 150 program hours - rentals 23

# Distribution of Program Hours – 145 – 150 Hours per Week



# Albany Pool Revenues



# Current and Future Pool Needs



# AUSD and Community Needs

- K-12 physical education
- Albany Adult School
- Children's classes
- Other community uses



Pool design should address all needs – and operating plan should earn money for AUSD





# Physical Education



- New state PE framework September 2008 with eight content areas for high school PE
- HS course 1: **aquatics**, rhythms and dance, individual and dual activities
- HS course 3: adventure/outdoor activities, aerobic activities, **aquatics**, dance, individual and dual activities, weight training
- HS course 4: advanced adventure/outdoor activities, advanced aerobics (nine activities, including **swimming**), advanced dance, advanced individual and dual activities



# State PE Framework

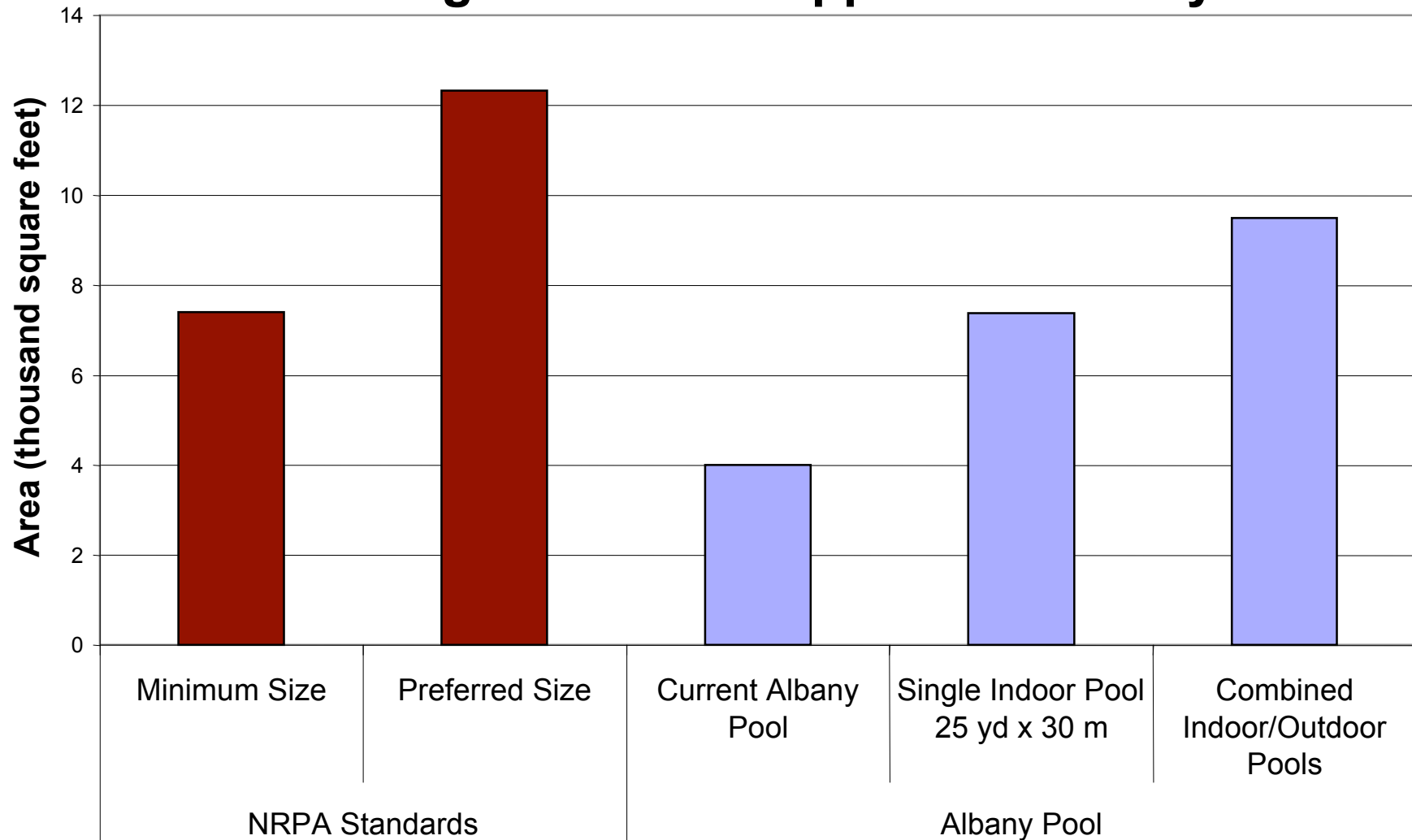


“The content area of aquatics is a unique activity that does not easily cross over into other physical activities ... Knowledge of aquatic skills and safety is essential for California’s students.” (p. 117)

“Providing aquatics instruction is a challenge for schools without a pool. Schools in this situation should investigate opportunities in the community for pool access or consider purchasing a porta-pool.” (p. 122)



# National Recreation and Park Association Standards for Swimming Pool Areas Applied to Albany



[www.prm.nau.edu/PRM423/recreation\\_standards.htm](http://www.prm.nau.edu/PRM423/recreation_standards.htm)  
[www.ci.berkeley.ca.us/ContentDisplay.aspx?id=28522](http://www.ci.berkeley.ca.us/ContentDisplay.aspx?id=28522)